

# English + Activities for Global Competence SAMPLE PROGRAMME 2026

Week 1	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9.30 – 11.00		General English	My Story, Your Story, Our Stories: Understanding Different Perspectives	General English	What is my Culture? Understanding the Cultural Iceberg	General English	
11.30 – 13.00		General English		General English		General English	
13.00 – 14.00		Lunch Break					
		<b>Norwich Quiz Tour</b> Meet at FC Starts at 14:00 Finishes at 15:30	<b>Visit to Norwich Castle Museum</b> Starts at 14:00 Finishes at 15:30	<b>Escape Room</b> Meet at FC at 14:00 Finishes at 16:00	<b>Canoeing on the River Wensum</b> Starts at 14:00 Finishes at 16:00	<b>Sports in the Park</b> Meet at FC Starts at 14:00 Finishes at 16:00	

Activities are subject to change due to circumstances outside of our control, e.g. bad weather. In these situations, alternative activities will be offered.

**If you have any problems during your stay please come to the office and speak to Emily.**

**In an emergency out of office hours you can reach us on +447800907804.**

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Week 2	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9.30 – 11.00		General English	Think Globally, Act Locally	General English	Sustainability: How can we live more sustainably?	General English	
11.30 – 13.00		General English		General English		General English	
13.00 – 14.00		Lunch Break					
		<b>Traditional Cream Tea</b> Starts at 14:00 Finishes at 15:30	<b>Bowling</b> Meet at FC at 14:00 Finishes at 16:00	<b>Roller Skating At Funky's</b> Meet at FC at 14:00 Finishes at 16:00	<b>Visit to Norwich Cathedral</b> Starts at 14:00 Finishes at 15:30	<b>Student Party</b> Meet at FC Starts at 14:00 Finishes at 16:00	

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